Florida’s Communities For A Lifetime (CFAL) and Dementia Care and Cure Initiative (DCCI)
Treasure Coast Regional Council Meeting
May 18, 2018

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Communities for a Lifetime (CFAL)
Communities for a Lifetime is a Statewide program of the Department that aims to make all communities a safe and nurturing place for the people of all ages, especially older adults.

- Housing
- Transportation and Mobility
- Health, Wellness, and Falls Prevention programs
- Aging in Place education and support
- Elder Abuse Prevention
- Dementia Friendly

Florida is the third most populous state and has the highest population percentage of 65+ in the nation

- More than 5.3 million (or 26%) of Florida’s population are older adults
- Latest statistics show that more than 1,000 people are coming to Florida every day
- In the next 12 years, this population is expected to increase another 46% to 7.6 million people.
Communities for a Lifetime Partnerships

- **Area Agencies on Aging (AAA)**
  - A single, coordinated system for information and access to services for all Floridians seeking long-term care resources.
  - 70% of AAAs nationwide participate in developing livable communities.
  - Older American’s Act stipulates AAAs “serve as the advocate and focal point for older individuals within the community by monitoring, evaluating, and commenting upon all community actions which will affect older individuals”.

- **AARP**
  A joint effort with AARP’s Network of Age-Friendly Communities
  - Encourages states, cities, and towns to prepare for the rapid aging of the U.S. population.
The Organization Framework For Age-Friendly and Dementia Friendly Communities

- Outdoor Spaces and Buildings
- Transportation
- Housing
- Social Participation
- Respect and Social Inclusion
- Civic Participation & Employment
- Communication & Information
- Community & Health Services
- Transportation, Housing, & Public Spaces
- Businesses
- Legal & Advance Planning Services
- Banks & Financial Services
- Neighbors & Community Members
- Independent Living
- Communities of Faith
- Care Throughout the Continuum
- Memory Loss Support & Services
- Emergency Planning & First Response
Mission:
To engage communities across the state to be more dementia friendly, promote better care for Floridians affected by dementia, and support research efforts to find a cure.

Vision:
To see all Florida communities engaged in providing better care for those affected by dementia while we work towards a cure.

Goals:
• Increase awareness of dementia and of services and supports for those with dementia, their families, and caregivers.
• Provide assistance to dementia-caring communities.
• Continue advocacy for care and cure programs.
Florida

- Florida has the second highest incidence rate of Alzheimer’s Disease in the nation – only behind California.
- There are approximately 540,000 individuals currently living with Alzheimer’s Disease in Florida.
- By 2025, it is estimated 720,000 individuals will be living with Alzheimer’s disease in Florida.
- There are approximately 1,121,000 unpaid caregivers in Florida that care for loved ones with Alzheimer’s disease or a related dementia.

Source: Alzheimer’s Association, 2018 Alzheimer’s disease Facts and Figures
The Pilot Community

In April 2016, Tallahassee and Leon County were announced as the state’s first Dementia-Caring Community through the Dementia Care and Cure Initiative (DCCI).
Participating DCCI Communities
MEMORY DISORDER CLINIC LOCATIONS

1. West Florida Hospital
   8383 N Davis Hwy, Pensacola, FL 32514
   (850) 494-6490

2. Tallahassee Memorial
   1401 Centerville Rd, Ste. 504
   Tallahassee, FL 32308
   (850) 431-5001

3. Mayo Clinic Jacksonville
   4500 San Pablo Rd.
   Jacksonville, FL 32224
   (904) 953-7103

4. University of Florida
   1149 Newell Dr.
   Gainesville, FL 32611
   (352) 273-5550

5. Orlando Health Center for Aging
   21 W Columbia St.
   Orlando, FL 32806
   (321) 841-9700

6. East Central Florida
   3661 S Babcock St.
   Melbourne, FL 32901
   (321) 434-7612

7. Morton Plant
   430 Morton Plant St., Ste. 402
   Clearwater, FL 33756
   (727) 461-8635

8. University of South Florida
   3515 E Fletcher Ave.
   Tampa, FL 33613
   Phone: (813) 974-3100

9. St. Mary's Medical Center
   5305 Greenwood Ave., Ste. 102
   West Palm Beach, FL 33407
   (561) 882-6363

10. Florida Atlantic University
    777 Glades Rd., Bldg. AZ-79
      Boca Raton, FL 33431
      (561) 297-0502

11. Lee Memorial
    12600 Creekside Ln., Ste. 7
    Fort Myers, FL 33919
    (239) 343-9220

12. Broward Health North
    201 E Sample Rd.
    Deerfield Beach, FL 33064
    (954) 786-7392

13. Mt. Sinai Medical Center
    4300 Alton Rd.
    Miami Beach, FL 33140
    (305) 674-2543 ext. 54461

14. University of Miami
    1695 NW 9th Ave., Ste. 3202
    Miami, FL 33136
    (305) 355-9065
What is a Dementia-Caring Community?

- Education and awareness of what dementia is and on inclusive and respectful Dementia-Caring practices.
- Input from and advocacy roles for individuals living with dementia.
- Appropriate community engagement activities for those living with dementia and their caregivers.
- Examining current resources and advocating for their continued funding while spreading awareness of services to those in need.
- Explanation of and encouragement to participate in research.
Window Clings for Community Entities
AGE FRIENDLY COMMUNITIES
101
Percent of Population Age 65+ 2010

WHAT IS A LIVABLE COMMUNITY?
A livable community is one that is safe and secure, has affordable and appropriate housing and transportation options, and offers supportive community features and services. Once in place, those resources enhance personal independence; allow residents to age in place; and foster residents’ engagement in the community’s civic, economic, and social life.

—AARP Public Policy Institute
In a Livable Community, people of all ages can ...

- Go for a walk
- Cross the streets
- Ride a bike
- Get around without a car
- Live safely and comfortably
- Work or volunteer

Images from the “In a Livable Community…” poster
AARP.org/livable
HOW DO WE GET THERE?
AARP NETWORK OF AGE-FRIENDLY COMMUNITIES
(UPDATED 2/12/18)
AARP Network of Age-Friendly Communities in Florida
The Member List

78 communities (and counting), from Texas to Michigan, from Honolulu to Washington, D.C.

AARP Livable Communities, Updated March 2016

The communities listed below, presented in alphabetical order by state and representing more than 41 million people, have joined the AARP Network of Age-Friendly Communities.

Inclusion on this list does not mean that AARP is endorsing any of the following municipalities as a place to live. Nor does it mean that the community listed is currently "age-friendly."

What membership means is that the community’s elected leadership has made the commitment to actively work toward making their town, city or county a great place for people of all ages. Membership in the network involves following a multi-step process of improvement. A link to the community’s age-friendly action plan has been added to this list if the town or city has reached Step 2 of the improvement process.

If an AARP Community Survey has been completed, or if the community has been featured in an AARP Livable Communities slideshow, interview or "how to" article, those links are provided as well. If you have questions, please write to livable@aarp.org. For easy access to the AARP Network of Age-Friendly Communities Tool Kit, bookmark or visit aarp.org/agefriendly.
“Age-Friendly Communities” ≠ “Old People Places”

Age-Friendly

Great Places for People of All Ages
The Age-Friendly Framework for Communities

**Start:** Entering the Network

**Year 1-2:** Assessment and Planning

**Year 3-5:** Implementation & Updates

**Year 5:** Full Evaluation

**Year 5+:** Continuous Improvement
THE 8 DOMAINS OF LIVABILITY
The availability and quality of these community features impact the well-being of older adults

- Transportation
- Housing
- Social Participation
- Outdoor Spaces & Buildings
- Community Support & Health Services
- Communication & Information
- Civic Participation & Employment
- Respect & Social Isolation

The Built Environment

The Social Environment
SNAPSHOT OF AGE-FRIENDLY COMMUNITIES
RESOURCES TO FIND OUT MORE INFORMATION
Roadmap to Livability Series

AARP Roadmap to Livability Collection

6 workbooks with strategies and solutions that make a community great for people of all ages

Available Now! Free!
Book 1: Roadmap to Livability
Online: Download the PDF
Print: To receive the 56-page paperback guide, email Fulfillment@AARP.org with the subject line: Book 1: Roadmap to Livability D20361. Include your name and complete mailing address in the email body.
(We can send one guide per request. Bulk orders will be considered. If seeking additional copies please explain why and identify the organization you are representing, if any.)

www.aarp.org/LivabilityRoadmap
Resource Page:

Assessment and Planning

- How to Create a Community Action Plan is the first in a webinar series for members of the AARP Network of Age-Friendly Communities. The one-hour presentation can be accessed and watched at your convenience.

- The AARP Survey of Community Residents Age 50 and Older is available in English and Spanish and can be adapted by communities to help assess available resources and what residents view as important for successfully aging in place. The survey is designed to capture information consistent with the eight domains of a livable community as identified by the World Health Organization.

- Finding the Right Fit: Age-Friendly Community Planning is a comprehensive guide (110 pages) on how to successfully develop an age-friendly community by Ontario (Canada) Seniors’ Secretariat.

- A baseline survey of Canberra, Australia as an age-friendly city.

- The implementation plan for age-friendly London, Ontario (Canada).

- Age-friendly and disability-friendly community planning (healthy communities).

- The Portland city plan, including age-friendly measures.

- Information about how Melville, Australia is preparing to be an age-friendly community (PDF).


Find out more:

- Websites and Web Pages
- World Health Organization
- General Tool Kits
- Assessment and Planning
- Evaluation
- Communications
- Age-Friendly Business
- Ideas and Tips
We have an award-winning website and award-winning newsletter

aarp.org/livable >

aarp.org/livable-newsletter >
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